

**EIGHT COUNT PRETZEL**  
**Mixer Circle Dance**  
Choreographer: Unknown

Music: Feelin' the Feeling - Bellamy Brothers  
Big Hair - Bellamy Brothers  
We Dared The Lightning Dance Mix- Bellamy Brothers

3 Persons - Lady #1 / Man / Lady #2 - Holding Hands - Facing LOD

- 1,2,3,4,5,6,7,8      All Walk forward L, R, L, R, L, R, L, R  
(On last step Man raises right hand, still holding Lady #2's hand)
- 1,2,3,4,5,6,7,8      Walking in place Lady #1 passes under raised hands and man follows  
(Lady #2 steps 8 counts in place)  
(On last step Man raises left hand, still holding Lady #1's hand)
- 1,2,3,4,5,6,7,8      Lady #2 passes under raised hands and man follows, to original positions  
(Lady #1 steps 8 counts in place)
- 1,2,3,4                All Walk forward L, R, L, R (drop hands on last step)
- 5,6,7,8                Man walks L, R, L, R, forward to next set of Ladies  
Ladies step L, R, L, R in place

**BEGIN AGAIN**

This is an icebreaker mixer. Dancers should be encouraged to say "goodbye" when leaving a trio and to greet partners / exchange names when forming a new trio.

Hint: Holding hands is **not** a Death Grip. Keeping hands pressed together with fingers unclenched will facilitate the hand pivoting as required.